



Room 22 Newsletter

March 14, 2016



Reminders...

- *Parent-Teacher Conferences will take place March 15-17.
- *Down Syndrome Awareness Day will be on March 21. Families are encouraged to donate \$1 and the children will participate by wearing silly socks or mismatched socks.
- *Autism Awareness Day will be on April 1. Families are encouraged to donate \$1 and wear blue that day.

Home-School Connection...

- *Library books and comment sheets are due Fridays. Please try your best to remember on Friday so that I can set the library up Friday afternoon for our Parent volunteer that will be coming in to help the children choose new books on Mondays.

Staff of Room 22

Teacher

Mrs. Megan Cabral
 (860) 647-3502 Ext. 70212
 MCabral@mpspride.org

ParaEducator

Mrs. Iliana Rodriguez

Noon Time Aid

Mrs. Nowshad (Nora) Wahed

Instructional Tutor

Mrs. Candace Hilton-Rang

Family Advocate

Mrs. Robin Frost

March 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2	3	4	
	7	8 Policy Council	9	10	11	
	14	15 Half Day for Conferences	16 Half Day for Conferences	17 Half Day for Conferences	18 Scholastic book orders due	
	21	22	23 Half Day for Professional Development	24	25 No School	
	28	29	30	31		



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A Peek inside Room 22...



Thank you to Jamison's Mom for leading a mindfulness activity with us. First, she showed us how to make origami boats. Then we relaxed and put the boats on our stomachs and watched as the boats rose and fell with our breaths. We noticed how it felt to take slow, calm breaths compared to fast breaths and what that did to the boat as well. We also made the connection to what body parts we use to breathe, and how doctors can check our lungs.



We have been enjoying the Spring weather! Here we are tracing our friends' bodies and then filling in where we think there are bones on the inside.



Nurse Erin has come to visit us twice during our study on Hospitals. The first time she showed us a lot of the tools she uses and talked to us about her job. More recently she came in to show us how we can measure our height and weight with the scale. Each child was measured. We also made a scale at our art center and added it to our Dramatic Play "Hospital".