



# June Lunch Menu 2015



## Water Safety

### The Hard Facts

Drowning is the leading cause of injury-related death among children between 1 and 4 years old. And it's the third leading cause of injury-related death among children 19 and under.

### Top Tips

- Never leave your child unattended around water. We know it sounds strict, but there is no room for compromise on this one. Babies can drown in as little as one inch of water.
  - Put the cell phone away, forget about all the other things you have to do and give young children 100 percent of your attention when they are near or around water.
  - Empty all tubs, buckets, containers and wading pools immediately after use. Store them upside down and out of children's reach.
  - Keep toilet lids closed and use toilet seat locks to prevent drowning. It's also a good idea to keep doors to bathrooms and laundry rooms closed.
  - Parents have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better.
- See more at: <http://www.safekids.org/watersafety#sthash.yVbjcBPY.dpuf>

Mon	Tue	Wed	Thu	Fri
1 Milk Apple Carrot Raisin Salad Turkey&Cheese	2 Milk Oranges Spinach Salad Cheese Sticks Pasta	3 Milk Honeydew Veggie Sticks Tuna on Pita	4 Milk Pineapple 3 Bean Salad Chicken Tenders	5 Milk Watermelon Corn BBQ Chicken Flatbread
8 Milk Apple Veggie Sticks Sunbutter & Jelly	9 Milk Honeydew Garden Salad Chicken Taco	10 Milk Oranges Steamed Carrot Turkey & Cheese on Pita	11 Milk Pineapple Green Beans Fish Sticks Noodles	12 Milk Watermelon Corn Salad Red Beans and Rice
15 Milk Oranges Veggie Sticks Tuna on Pita	16 Milk Pineapple Green Beans Chicken Teriyaki Brown Rice	17 Milk Watermelon Cucumber & Tomatoes Black Bean Tacos	18 Milk Apple Carrot Raisin Salad Beef Sliders	19 Milk Honeydew Garden Salad Veggie & Cheese Pizza
22  <b>No Lunch</b>				