






# March 2018 Illing



Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Choices Include a variety of fresh, canned & 100% fruit juice	Milk is available with all meals Daily Milk Choices 1%, Skim, & Fat Free Flavored		Nacho Supreme <sup>1</sup> with toppings Mexican Black Beans Choice of Fruit	Pizza Wedge <sup>2</sup> Cheese or Pepperoni Spinach Salad Choice of Fruit 
Daily Alternates: Bagel Plate, Chef Salad, Steak & Cheese Sandwich, Deli Sandwiches				
Grilled Chicken Patty <sup>5</sup> on a Whole Wheat Roll Carrots Choice of Fruit	Pasta & Meatsauce <sup>6</sup> Whole Wheat Dinner Roll Roasted Zucchini Choice of Fruit	Hard or Soft <sup>7</sup> Shell Taco with Toppings Rice Refried Beans Choice of Fruit	Popcorn Chicken <sup>8</sup> Mashed Potato & Gravy Whole Wheat Dinner Roll Green Beans Choice of Fruit	Pizza Wedge <sup>9</sup> Cheese or Buffalo Chicken Spinach Salad Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Lasagna, Deli Sandwiches				
Teriyaki Chicken <sup>12</sup> Brown Rice Glazed Carrots Choice of Fruit	French Toast Sticks <sup>13</sup> Potato Puffs Sausage Links Choice of Fruit	Cheese <sup>14</sup> Breadsticks Marinara Sauce Green Beans Choice of Fruit	Nacho Supreme <sup>15</sup> with toppings Mexican Black Beans Choice of Fruit	Pizza Wedge <sup>16</sup> Cheese or Pepperoni Spinach Salad Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Fish Sandwich, Deli Sandwiches				
Corn Dog Nuggets <sup>19</sup> Baked Beans Broccoli & Cheese Sauce Choice of Fruit	Chicken Parmesan <sup>20</sup> Pasta with Marinara Sauce Roasted Cauliflower Choice of Fruit 	Maple Glazed <sup>21</sup> Pancakes Potato Puffs Sausage Links Choice of Fruit	Tangerine Chicken <sup>22</sup> Brown Rice Carrots Choice of Fruit	Pizza Wedge <sup>23</sup> Cheese or Buffalo Chicken Celery & Carrot Sticks Ranch Dressing Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Egg & Cheese Sandwich, Deli Sandwiches				
Chicken Patty <sup>26</sup> on Whole Wheat Roll Green Beans Choice of Fruit	Soft Bread Sticks <sup>27</sup> Meat Sauce Spinach Salad Choice of Fruit	Hot Dog on a <sup>28</sup> Whole Wheat Roll Baked Beans Sweet Potato Fries Choice of Fruit	Popcorn Chicken <sup>29</sup> Mashed Potato with Gravy Whole Wheat Dinner Roll Green Beans Choice of Fruit	
Daily Alternates: Bagel Plate, Chef Salad, Rib-B-Que on a Roll, Deli Sandwiches				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto [www.ezschoollpay.com](http://www.ezschoollpay.com) to monitor your child's account or call 860-647-3462

Student Lunch Price: \$2.50 - Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.75

Student Breakfast: \$1.00 - Reduced Breakfast: \$.30

Milk Only: \$.40



Remember to fill out your  
**Free & Reduced Price Meal Application**  
 Apply on line @ [www.ezmealapp.com](http://www.ezmealapp.com)  
 If you need a paper copy please pick one up at your  
 child's school!!



Breakfast is served daily at all schools throughout the district! Please visit [www.mpspride.org](http://www.mpspride.org)