





January 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
1 No School 	2 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	3 Toasted & Cheese Sandwich Tomato Soup Sweet Potato Fries Choice of Fruit	4 Popcorn Chicken Mashed Potato with Gravy Whole Wheat Dinner Roll Green Beans Choice of Fruit	5 Pizza Wedge Cheese or Pepperoni Roasted Chickpeas Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Rib-B-Que on a Roll, Deli Sandwiches				
8 Chicken Nuggets Seasoned Noodles Carrots Choice of Fruit	9 Pasta & Meatballs Whole Wheat Dinner Roll Roasted Zucchini Choice of Fruit	10 Breaded Chicken Tenders Roasted Mini Golden Potatoes Broccoli Choice of Fruit	11 Beefburger Cheeseburger or Veggie Burger on a Whole Wheat Roll Corn Baked Beans Choice of Fruit	12 Pizza Wedge Cheese or Buffalo Chicken Celery & Carrot Sticks Ranch Dressing Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, WG Mini Quesadilla, Deli Sandwiches				
15 No School 	16 No School	17 Chicken Nuggets Seasoned Noodles Roasted Parmesan Green Beans Choice of Fruit	18 Nacho Supreme with toppings Mexican Black Beans Choice of Fruit	19 Pizza Wedge Cheese or Pepperoni Caesar Salad Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Toasted Cheese Sandwich, Deli Sandwiches				
22 Chicken Patty on a Whole Wheat Roll Carrots Choice of Fruit	23 Cheese Calzone Marinara Sauce Sauteed Yellow & Green Squash Choice of Fruit	24 Hard or Soft Shell Taco with Toppings Rice Refried Beans Choice of Fruit	25 Popcorn Chicken Mashed Potato & Gravy Whole Wheat Dinner Roll Green Beans Choice of Fruit	26 Pizza Wedge Cheese or Buffalo Chicken Garden Salad Choice of Fruit
Daily Alternates: Bagel Plate, Chef Salad, Lasagna, Deli Sandwiches				
29 Teriyaki Chicken Brown Rice Glazed Carrots Choice of Fruit	30 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	31 Low Fat Mozzarella Sticks Marinara Sauce Pasta Green Beans Choice of Fruit	Fruit Choices include a variety of fresh, canned & 100% fruit juice	Milk is available with all lunches Daily Milk Choices: 1% Skim, Fat Free Flavored
Daily Alternates: Bagel Plate, Chef Salad, Fish Sandwich, Deli Sandwiches				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezmealapp.com to monitor your child's account or call 860-647-3462

Student Lunch Price: \$2.50 - Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.75

Student Breakfast: \$1.00 - Reduced Breakfast: \$.30

Milk Only: \$.40

**Remember to fill out your
Free & Reduced Price Meal Application
Apply on line @ www.ezmealapp.com
If you need a paper copy please pick one up at your
child's school!!**

Breakfast is served daily at all schools throughout the district! Please visit www.mpspride.org

